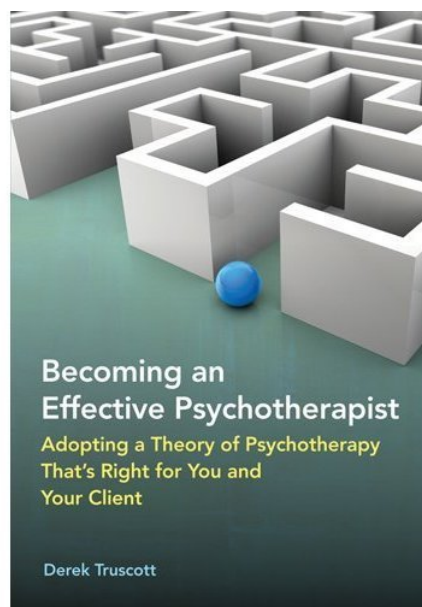
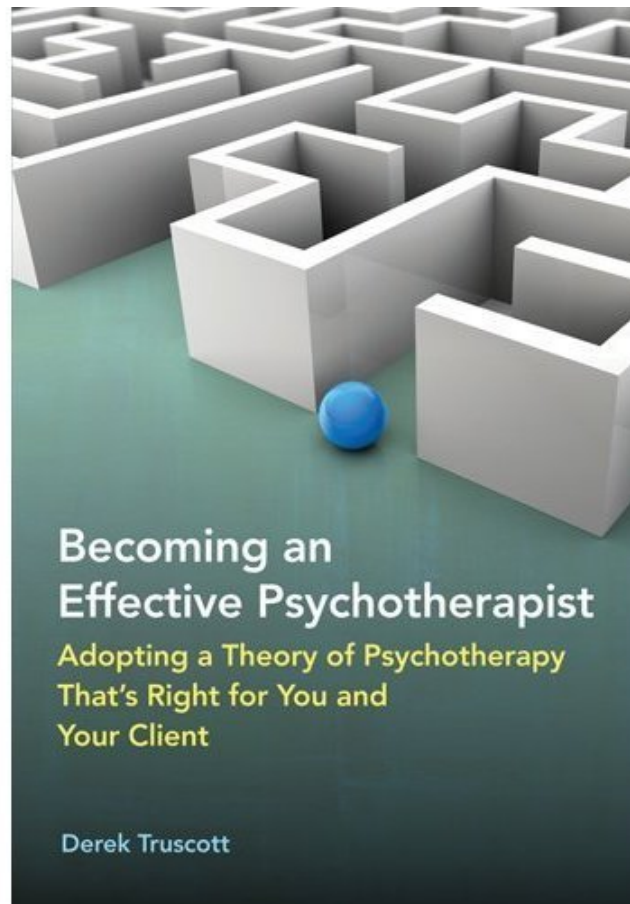


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"A concise and well-written introduction to the major theories of psychotherapy. Students who read this book will have a solid grounding in the basics of these theories and will be well on their way to finding the therapeutic approaches that are a good fit for them as beginning practitioners." -Metapsychology

"A significant contribution to one's library of resources. It serves as an important guide in professional development, and it helps psychotherapists see all the pieces of the puzzle more clearly - ultimately encouraging the best therapeutic outcomes for clients." - Psymposium

## About the Author

Derek Truscott is an Associate Professor in Counselling Psychology in the Department of Educational Psychology at the University of Alberta.

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