

MANUAL OF SINGING VOICE REHABILITATION

A Practical Approach to Vocal Health and Wellness

Leda Searce



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Review

"Although intended primarily for the academic reader, the *Manual of Singing Voice Rehabilitation* is a bonanza of information for the vocal coach, voice teacher, and music director in all vocal styles. For anyone working with singers, the scope of Ms. Scarce's book and the wealth of knowledge found in its pages will be invaluable. Her lifelong curiosity and love for the voice informs her writing, and in turn, us." --Jamie Schmidt, MM, BMed Associate Conductor, Lion King National Tour

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"The *Manual of Singing Voice Rehabilitation* is an important and timely book, aimed at those coming into the nascent profession of the singing voice specialist, and also useful for veterans at rehabilitation of the singing voice. Ms. Scarce provides a thorough foundation for the beginning of a career, from the basics of voice disorders to specific exercises and approaches to use for all kinds of singers and all kinds of voice disorders. Despite the many examples of exercises and case studies, this is not a cookbook. Theoretical underpinnings of all therapeutic activities are discussed thoroughly, not only from their anatomic, physiological, and acoustic basis, but also using hot-off-the-press applications to principles of motor learning, and guidance for progressing beyond the provided material. From the psyche of the injured singer to the basics of sound equipment, and more, Ms. Scarce's book provides a complete manual for now, and for years to come." --Deirdre D. Michael, PhD, CCC-SLP, Assistant Professor, University of Minnesota

About the Author

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Manual of Singing Voice Rehabilitation: A Practical Approach to Vocal Health and Wellness provides speech-language pathologists and singing teachers with the tools to lay the foundation for working with singers who have voice injuries. Singing voice rehabilitation is a hybrid profession that represents a very specific amalgam of voice pedagogy, voice pathology, and voice science. Becoming a singing voice rehabilitation specialist requires in-depth training and thorough preparation across these fields.

This text presents a conceptual and practical basis for interacting with singers in an effective and supportive way, identifying factors to address, structuring singing voice rehabilitation sessions, and ensuring that singers are getting adequate exercise while allowing their injuries to heal, as well as resources and materials to provide to singers to optimize the outcome of their rehabilitation.

Each chapter exposes readers to important concepts of singing voice rehabilitation and the elements that need to be addressed in the singing voice rehabilitation process, which include medical factors, emotional factors, vocal hygiene, vocal pacing, and vocal coordination and conditioning. This text contains information for developing exercises and interventions to target specific vocal problems and guidance in customizing vocal exercises based on injury, singing style, skill level, professional level, and the particular vocal demands of each singer.

Key features include:

- Rehabilitation and therapy exercises
- Clinical case studies to illustrate real-life examples and practical application
- Downloadable educational handouts available on a PluralPlus companion website

While the intended audience for this book is speech-language pathologists and teachers of singing who are accomplished performers, experienced pedagogues, and clinically and scientifically well-informed, there is information herein that will be of value to all singers, physicians interested in learning more about the behavioral side of singing voice rehabilitation, nonsinging speech-language pathologists, or anyone seeking knowledge about singing health, including music educators, music therapists, conductors, vocal coaches, worship leaders, or music directors.

- Sales Rank: #1520755 in Books
- Published on: 2016-03-31
- Original language: English
- Dimensions: 10.00" h x 7.00" w x 1.00" l, .0 pounds
- Binding: Paperback
- 444 pages

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Most helpful customer reviews

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No Need to Dig Around on the Web, The Information is Here

By mskm

There is so much conflicting information about voice problems on the internet. When you run into trouble, it's hard to know what to believe. Seeking professional help can be equally fruitless since not every speech therapist knows much about singing and may rely mostly on a speech-oriented view-point. This book is full of great information on approaching vocal problems from a vocal performer's / singer's standpoint. It provides examples of singers overcoming their individual challenges along with examples of what their recovery programs looked like. The author discusses exercises for vocal rehabilitation, introduces the idea a vocal pacing and lists many references in the footnotes to back up the information presented. For those who've had vocal injuries, this book gives hope that, with work and a proper plan, there will be singing in their future, again. Thank you Leda Scearce!

0 of 0 people found the following review helpful.

Outstanding. The only reputable book on the subject.

By Jay R. Yager

The book thoroughly explores all aspects of the care and repair of the professional voice. There is a sharp focus on the confluence of medical, clinical, and practical performance experience as they combine to produce vocal health and when necessary, correct and repair damaged voices. It is the only book on the market that treats the subject with such thoroughness and depth.

0 of 0 people found the following review helpful.

A Great Book

By A. Jolin

What a wonderful, practical and knowledgeable book for anyone interested in the voice. The first book to cover this subject in such depth. The exercises were also welcome and spot on. Ms. Scearce should be commended on such a thorough examination of this topic.

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