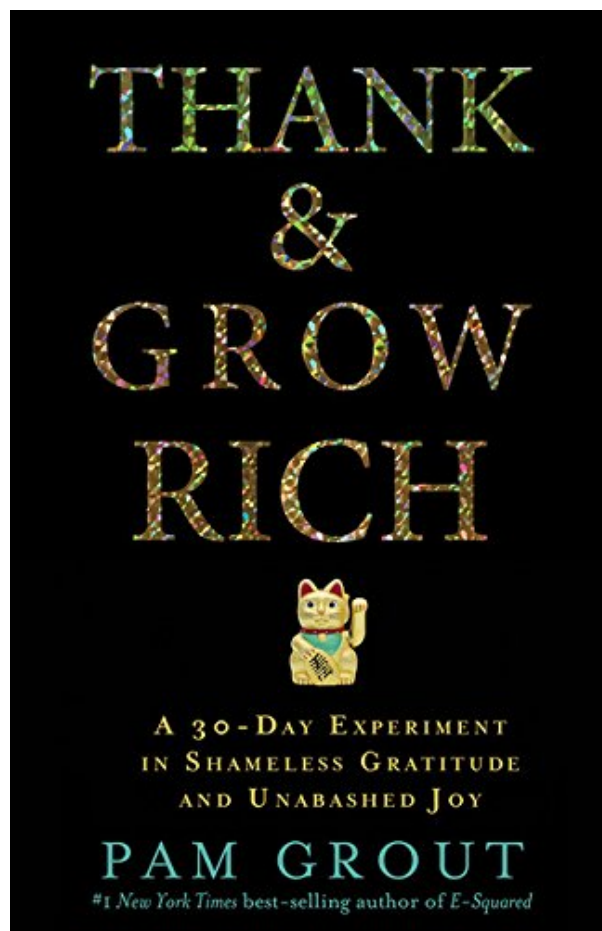


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EXPERIMENT IN SHAMELESS GRATITUDE  
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# THANK & GROW RICH



A 30-DAY EXPERIMENT  
IN SHAMELESS GRATITUDE  
AND UNABASHED JOY

PAM GROUT

*#1 New York Times best-selling author of E-Squared*

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## **About the Author**

Pam Grout is an explorer on the frontiers of magic and enchantment. She has served as an extra in a zombie movie; composed a country-and-western song; created a TV series; and communed with Maasai warriors, Turkish sultans, and Inti, the Ecuadorian Sun God. For a living (and she always wonders why that's most people's number one question), she writes books (17 at last count, including the international bestseller *E-Squared*) and articles for such places as CNN Travel, Huffington Post, and People magazine. She can be tracked down at [www.pamgrout.com](http://www.pamgrout.com), @PamGrout, and [Facebook.com/pam.grout.fanpage](https://www.facebook.com/pam.grout.fanpage).

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# **THANK & GROW RICH: A 30-DAY EXPERIMENT IN SHAMELESS GRATITUDE AND UNABASHED JOY BY PAM GROUT PDF**

Important disclaimer: This book is not for everyone—just those who want to have more fun, more adventures, and more magic in their life.

Thank & Grow Rich is for anyone interested in hooking up with the magnanimous energy field of the cosmos. Author Pam Grout, who likes to call herself the Warren Buffet of Happiness, says it all starts with getting on the frequency of joy and gratitude.

Thanking (rather than thinking) puts us on an energetic frequency—a vibration—that calls in miracles.

Science has proven that when we observe the world from a place of gratitude, when we use our attention to spot beauty and gaze at wonder, we develop the capacity to radically rev up our day-to-day experience.

Brazen gratitude, it seems, provides a portal—an entry point—straight into the heart of the field of infinite possibilities described in Grout's bestseller E-Squared.

This book also offers an updated perspective on abundance, which goes way beyond financial capital. It shows readers how to grow and expand their creative capital, their social capital, their spiritual capital, and much, much more!

There's even an abundance worksheet that tracks your thank-and-grow rich portfolio and a money-back guarantee offering four personalized gifts straight from the always-accommodating universe.

Your credit union might offer a butter dish or a koozie, but an investment in this book comes with your own personal sign from the universe, an answer to an important question, a customized totem, and a one-of-a-kind gift from the natural world.

But more importantly, this 30-day experiment will upgrade your life experience from ho-hum to wahoo! From like sucks to life rocks! From woe is me to yippie-ti-yi-yay!!

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## Most helpful customer reviews

50 of 53 people found the following review helpful.

Light hearted, but completely serious...wonderful!

By Kimberley523

I preordered this book months ago. I forgot it was coming out this month so was very pleasantly surprised to find it on my doorstep Friday evening. I started reading it that night and while I'm only half way through the book, it is amazing. So many wonderful quotes! So much thought provoking information.

Pam has such a down to earth, honest, funny, light-hearted style. But don't let that fool you there is pure gold in these pages. I did one of the exercises this morning before getting out of bed and immediately felt a shift in how I was viewing the coming day.

If you are wanting to change how you view your life and the world in general, don't wait, get this book.

47 of 51 people found the following review helpful.

Thank and Grow Bitter?

By A Reader

I have successfully used the law of attraction to transform every aspect of my life in the last three years (I am currently in the process of buying a lake house in a major metropolitan area). I rarely write negative reviews, but this is the most relentlessly negative law of attraction book I have ever read. And I feel like I need to give people who are currently dealing with challenging financial circumstances a heads up.

When people feel good about themselves and the world, they naturally behave with generosity and kindness. No one needs to be guilt-tripped or frightened into being a good person by being told 75 people will die of malnutrition in the time it takes to finish their cereal (this is an actual example from the book).

My husband and I donate a large proportion of our income, but I still think it is fine for people to have mega-mansions and sports cars (2 things Grout criticizes), because I believe in the infinite wealth of the universe. Fewer people are dying of malnutrition now than they were in the 60's, even though the population has ballooned since then and the rich have gotten richer, because a rising tide (or vibration) lifts all boats.

There is a lot of split energy and contradiction in this book. She takes frequent potshots at other self-help authors and the pointlessness of self help in general, even though that is how she makes a living, and almost all the 'party games' are just thinly disguised ploys to market the book on instagram.

I can honestly say almost all the self help I have read has really helped me. Pretty much anything a person resonates with will work. There are infinite possible routes to the same destination.

She also criticizes meditation at several points, even though many of the people featured in the book attribute their success to a meditation practice, and it is the cornerstone of various completely valid spiritual paths.

She berates the 1% and romanticizes pre-industrial societies, while also jetting around the world and zip-lining at luxury resorts or eating barbecued lobster in the rain forest. She brags about having resources 'out the wazoo,' while putting other rich people down multiple times.

I loved Pam's first book. She just needs to clear some beliefs before she writes the next one.

If someone is struggling financially and is looking for something that will transform their life into the most incandescently happy and prosperous it has ever been through gratitude, I highly recommend *The Magic (The Secret)*. This book is completely positive (There is a reason Rhonda Byrne is the most successful law of attraction teacher. She obviously practices what she preaches!). It is also easy to find used for the price of a cup of coffee.

I send anyone reading this all my love and highest intentions for your joy and success. You've got this.

24 of 26 people found the following review helpful.

Disappointing

By Dilek

I really tried to keep myself from writing a bad review for this one, but one can only handle so much self-restraint, right?

First of all, let me say I'm a huge Pam Grout fan. I devoured *E-Squared*, *E-Cubed*, and *Jumpstart Your Metabolism*. I anticipated this latest book for 3 months, my hopes were high.

The book started off great, too. Very inspired thoughts on gratitude, I highlighted a good chunk of that first half. Until I reached the exercises (or Party Games as Pam calls them). I had expected a practical series of 30 experiments as the title suggests, but these party games were put together very sloppily, they were clearly added just to please the editor (as Pam admits). I didn't even get what I was supposed to do in many of them. They read like a stream-of-consciousness rather than, you know, a book.

What's worse, Pam keeps guilt-tripping rich people (or those aspiring for great riches) throughout the exercises, suggesting the more you have, the less other people will. That is so backwards for a LOA writer! All the buzz she created during Part 1, she kills in Part 2. It's as if 2 different authors wrote the 2 parts.

I had to force myself to finish this one, and felt worse than I did when I had started, and I think this says a lot about a book that's supposedly on gratitude. So consider yourself warned. Sorry Pam, but I think you need to study some Abraham-Hicks and clear those contradicting beliefs before you set out to write another of these.

See all 23 customer reviews...

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